

Wildflower Café Sunday Menu

APPETIZERS

Wildflower's Famous Tomato Pie *House Favorite* Medium \$5 /Large \$7
Savory Pie filled with Roma Tomatoes marinated in balsamic vinaigrette topped with a blend of cheese then baked to perfection.
Add Grilled Chicken \$4/Feta \$3/Bacon \$3/Avocado \$3
Signature Polenta Shrimp Grits Cup \$5 /Bowl \$9 **House Soup** Cup \$4/Bowl \$6
Chips & Salsa \$7 **Kettle Cooked Potato Chips and Ranch Dip** \$7

FRESH SALADS

Wildflower Salad Dressings: House Strawberry Balsamic/House Balsamic/House Blue Cheese/House Ranch/
Thousand Island/Honey Mustard/Italian/Greek Feta. Side Salads served with 2oz dressing, Dinner Salad 4oz Dressing.
Extra 2 oz. Dressing \$.75

Add to any salad: **Chopped Pecans & Dried Cranberries** \$1/Avocado \$3

Mixed Spring Leaf Lunch Salad \$9/ **Mixed Spring Leaf Side Salad** \$4

Fresh mixed greens, tomatoes & parmesan
Add Grilled Chicken \$4/Salmon *Market Price*/Sautéed Veggies \$4 /Hamburger Steak 8oz \$8 or 4oz \$5

Greek Dinner Salad \$12.50 / **Half Greek Salad** \$7.50

Mixed greens tossed in greek dressing, tomatoes, kalamata & black Olives, pepperoncini peppers & feta.
Add Grilled Chicken \$4 /Salmon *Market Price*/Sautéed or Raw Veggies \$4/ 5 Shrimp \$5

Strawberry Balsamic Dinner Salad \$12

Fresh mixed greens, tomatoes, feta, chopped pecans, dried cranberries, grapes, shaved parmesan and strawberry balsamic.
Add Sautéed Veggies \$4/Grilled Chicken \$4/Grilled Salmon *Market Price*
Vegan Strawberry Balsamic Dinner Salad – Ask for No Cheese & Add Sautéed Veggies.

Tomato Pie Salad \$20

Tomato Pie Served on a bed of Spinach then topped with Sautéed Veggies, Feta, Parmesan, Diced Tomatoes, Green Onion & House Balsamic or Strawberry Balsamic. Add Grilled Chicken \$4/Avocado \$3

BRUNCH EXTRAVAGANZA \$17

Choice of Quiche: Ham & Cheese or Spinach

Also includes:

Sampler of Steak, Sautéed Veggies, Garlic Smashed Potatoes, Tomato Pie, Fresh Fruit & One Handmade Crepe (*filled with sweetened cream cheese & topped w/ Strawberry Purée*).

Brunch Extravaganza for Two \$22.50

Brunch for two includes the above Extravaganza served on one plate, plus the choice of two side salads, or 2 cups of soup, or 1 salad and 1 cup of soup.

Extra portions of tomato pie, quiche, crepe, fruit, steak, veggies or potatoes only available for extra charge

Substitutions ONLY available for extra veggies or potatoes in place of steak, or extra Tomato Pie in place of Quiche.

Quiche cannot be substituted for Tomato Pie *Extra Steak strips \$5 charge no subs*

BEVERAGES

Premium Blend Coffee \$2 **Sweet or Unsweet Tea** \$2 **Hot Teas** \$2 per Tea Bag.

Arnold Palmer (Half Tea/Half Lemonade) \$2.

Strawberry Lemonade or Strawberry Iced Tea \$3.50 Made with Fresh Strawberry Purée

Soft Drinks \$2.00 Coke, Diet Coke, Sprite, Dr. Pepper, Root Beer, Lemonade

Milk \$3.00 per glass **Orange Juice or Apple Juice** \$2.50 per glass

Hot Chocolate- \$3 per cup (Ask & we will gladly add Whipped Cream & Chocolate Sauce)

HOMEMADE DESSERTS

Triple Layer Carrot Cake \$7

Hummingbird Cake \$6 **Peanut Butter Pie** Gluten Free Shortbread Crust \$7

Wildflower Crepes 2 Hand prepared Crepes \$5 or 1 for \$3 **Derby Pie** \$4.50

Old Fashion Chess Pie \$4 **Ice Cream Sundae** \$5

Ice Cream Scoop \$3 *Add a scoop of Ice Cream to any Dessert* \$2

ENTRÉES

Main Entrées come with Organic Mixed Green Salad.

Pasta entrées come with Sautéed Vegetables except herb pasta.

Other Entrées Served with Garlic Smashed Potatoes & Sautéed Vegetables unless otherwise stated.

Substitute Tomato Pie or Shrimp Grits as a Side, add \$3. May be substituted for one side dish. - See Appetizers for A La Carte.

All meats are choice and hormone free. Ground Steak is an 85/15 grind.

Please note: Well Done Steaks are not guaranteed because they are typically more dry and tough.

Prime Rib 14-16oz \$34

Rib Eye roasted with Fresh Rosemary, Garlic & Cabernet Sauvignon, encrusted with a blend of cracked peppercorns & spices, cooked to perfection, served with Au Jus & Horsey Sauce.

Grilled Filet Mignon \$33

8 oz Hand Cut, Hormone Free, Choice Tenderloin, Grilled to perfection

Choice Hamburger Steak 8oz \$19

Fresh Ground Filet Mignon & Sirloin Grilled topped with Onion & Red Bell Pepper.

Surf N' Turf Add to any steak, Grilled or Blackened Shrimp \$5

Grilled or Blackened Wild Caught Salmon Filet *Market Price *

Delivered Fresh, Hand Cut 8oz or 4oz Wild-Caught Salmon from Scotland.

Shrimp Scampi \$22

Angel Hair Pasta topped w/Sautéed Shrimp, Signature Scampi Herb Butter, Parmesan and served with a side of Sautéed Vegetables .

Smothered Chicken \$22 / \$17 Small (one breast)

Hormone Free, Grilled Chicken Breasts topped with Sautéed Onion & Bell Pepper, Honey Mustard Sauce, Cheddar & Mozzarella then baked to perfection
Add Apple Wood Smoked Bacon \$3/Avocado \$3

Savory Strawberry Angel Hair Pasta \$16

Angel Hair Pasta served on a bed of Fresh Baby Spinach topped with Sautéed Vegetables, Strawberry Balsamic Sauce, Feta, Parmesan, Crumbled Pecans and Dried Cranberries.

(Can be made Vegan – Ask to leave off the Cheese and Add Grapes & Extra Pecans)

Add Grilled Chicken \$4/Grilled Salmon * Market Price */Avocado \$3

Above Entrées include a salad. Items below do not include a salad

Loaded Mashed Potato Bowl \$10

Mashed potatoes, Mozzarella, Cheddar, Diced Tomatoes, Green Onion, and Sour Cream

Add Bacon \$3/Grilled Chicken \$4 /Hamburger Steak 8oz \$8 or 4oz \$5 ***No sides included***

Grilled Canyon Burger 8oz \$11 / Small 4.5 oz \$8

Grilled Fresh Ground Hormone Free Sirloin & Filet.

Topped with Lettuce, Tomato, Onion, Wildflower Burger Sauce.

Served with Kettle Cooked Potato Chips & a Kosher Pickle Spear. Add Cheddar Cheese \$1/Bacon \$3

Black N' Blue Burger 8 oz \$14 /Small 4.5 oz \$11

Blackened Ground Hormone Free Sirloin & Filet.

Topped with Lettuce, Tomato, Onion, Wildflower Burger Sauce & Blue Cheese Crumbles.

Served with Kettle Cooked Potato Chips & a Kosher Pickle Spear. Add Bacon \$3

Note our thick juicy burgers are grilled to order, not fast food but delicious

Gourmet Cheese Pizza \$10

12" Pizza Crust. Pizza cut into 8 Slices. *GLUTEN FREE 10" thin crust available for \$3 additional*

Add Onion/Mushroom/Fresh Minced Garlic/ Bell Pepper/Black Olives, or Tomato \$1 each

Add Pepperoni/Feta/Bacon/Ham/Fresh Pineapple \$3 each/ Grilled Chicken \$ 4 ***No sides included***

Chicken Fingers \$8

Served with Kettle cooked potato chips & a kosher pickle spear.

Breaded & Baked Crispy Chicken Breast strips, kettle cooked potato chips, pickle & choice of 2oz dressing.

Also available w/ Hormone Free Grilled Chicken Breast cut into Strips.

Grilled Peanut Butter and Chocolate or Peanut Butter and Jelly \$7

Served with Kettle cooked potato chips & a kosher pickle spear.

Grilled Cheese \$7

Served with kettle cooked potato chips & a kosher pickle spear.

Add Avocado \$3 /Salsa \$1 / Bacon \$3 /Grilled Chicken \$4 /Spring mix, Tomato & Onion \$3

Herbed Butter Pasta \$7

Angel Hair Pasta topped w/ Garlic & Herb Butter Sauce & Shaved Parmesan Cheese. Herb Butter Pasta is a **kid's portion**.
Add Grilled Chicken \$4/Sautéed Veggies \$4 /8oz Ground Steak \$8 or 4oz \$5 /Bacon \$3 /Avocado \$3/Shrimp \$5 ***No sides included***