

Wildflower Cafe Dinner Menu

We are Gluten Free, Vegetarian & Vegan Friendly - Please ask if you have diet restrictions

Famous Tomato Pie Medium \$5 Large \$7

Heavenly Parmesan Dipping Sauce \$9 w/ 9 Yeast Rolls Extra Rolls \$.50 each

Wildflower's Famous Alabama Mountain Style Shrimp Grits *Bowl \$9*

Diced Baby Gulf Shrimp Sauteed in butter with a blend of fresh minced garlic, diced onion and house seasonings then blended with the Creamy Polenta Grits.

Loaded Shrimp Grits \$12.50

comes with Garlic Parmesan Cream Sauce, Mixed Cheese, Diced Green Onion & Chopped Bacon

Great as an Appetizer or Small Meal- Ask Server about Additions to Make Grits a Hearty Meal

Add Grilled or Blackened: Chicken \$4 - Shrimp Skewers \$8 - Conecuh Sausage \$8

Bread & Butter \$3 Fresh Fruit \$5 Soup of Day \$6 Kettle Cooked Potato Chips \$3

Greek Salad \$12.50 *Fresh Organic Spring Mix, Spinach, shaved parmesan, tomato, feta, Black Olives, Kalamata Olives, Pepperoncini Peppers & Greek Feta Dressing*

Organic Mixed Green - Side Salad \$4 Dinner Salad \$9 Dressings & Additions Below

Homemade Dressings:: Strawberry Balsamic, Herb Balsamic, Ranch or

Honey Mustard, Greek Feta, Thousand Island

Add to any Salad or Entree

Grilled or Blackened Chicken \$4 -- Grilled Portobello \$4 - Sauteed Vegetables \$4

Grilled or Blackened Salmon 4oz or 8oz Market Price

Grilled or Blackened Hamburger Steak 4oz or 8oz Market Price

Mediterranean Pasta with Sauteed Vegetables \$16

Cold Angel Hair pasta, mediterranean sauce, shaved parmesan, tomato, feta, black & kalamata olives, sauteed vegetables,, diced green onion, pepperoncini.

Comes with an Organic Mixed Green Side Salad -

*** Zucchini Noodles instead of Pasta \$3**

Add Grilled Portobello \$4 Add Grilled Chicken \$4 Grilled or Blackened Salmon 4 oz or 8 oz Market Price

Loaded Tomato Pie \$27

*Angel Hair pasta served on a bed of fresh spinach and topped with Garlic Parmesan Cream Sauce, Tomato Pie, Grilled Chicken, Shaved Parmesan, Crumbled Feta, Diced Tomato & Green Onion. Served with sauteed vegetables & Organic Mixed Green Side Salad * **Vegetarian Version \$23 without Chicken***

Smothered Chicken \$25 8 oz or 4oz \$21

Grilled Chicken Breast topped w/ Sauteed Onion and Bell Pepper, Honey Mustard, Shredded Mozzarella and Cheddar, Baked to blend the flavors. Garlic Smashed Potatoes & Sauteed Vegetables & Organic Mixed Green Side Salad - Add Bacon \$3

BBQ Smothered Chicken \$25 8 oz or 4oz \$21

Grilled Chicken Breast topped w/ Sauteed Onion and Bell Pepper, BBQ Sauce, Bacon Crumbles Shredded Mozzarella and Cheddar, Baked to blend the flavors. Comes with Garlic Smashed Potatoes & Sauteed Vegetables & Organic Mixed Green Side Salad - Add Bacon \$3

Ground Steak BNB Ground Steak Market Price 8 oz

House Hand Cut/Ground Choice Sirloin & Filet Mignon

*Grilled or Blackened Fresh Ground Hamburger Steak served with Garlic Smashed Potatoes & Sauteed Vegetables. BNB topped with Crumbled Blue Cheese & Garlic Parmesan Cream Sauce
Comes with Organic Mixed Green Salad*

Grilled Choice Filet Mignon Black N Blue Filet Mignon 8oz Market Price

*Grilled or Blackened Fresh House cut Choice Filet Mignon served with Garlic Smashed Potatoes & Sauteed Vegetables. BNB topped with Crumbled Blue Cheese & Garlic Parmesan Cream Sauce.
Comes with Organic Mixed Green Salad*

Wild Caught Salmon Market Price

Grilled or Blackened Fresh House cut Wild Caught Salmon served with Garlic Smashed Potatoes & Sauteed Vegetables. Comes with Organic Mixed Green Salad

House Fettuccine Alfredo \$20

House Alfredo served on Fettuccine Noodles with a small Bed of Spinach. Garnished. Topped Feta Crumbles. Diced Tomato, Shaved Parmesan & Diced Green Onions. Served with Sauteed Vegetables, Organic Mixed Green Salad & yeast roll.

*Add Wild Caught Salmon Grilled or Blackened 4 oz \$13 8oz Market Price - **Conecuh Sausage**
\$6 -*

*Add Grilled or Blackened Chicken 4 oz \$4 8oz \$8 - **Grilled Portobello** \$4*

Vegetable Dinner Entree \$17

served with (3) House Sides which can be chosen from the a la carte sides. Comes with Organic Mixed Green Salad & Yeast Roll - Substitutions for Sides of the day \$2 extra

*Add: Grilled or Blackened Chicken \$4 - **Salmon Wellington** \$13 - Grilled Choice Filet Mignon 8oz \$44*

Grilled: Grilled Portobello \$4 - Wild Caught Salmon 4 oz \$13 8oz \$24 Shrimp Skewer \$8 - Conecuh Sausage \$6

Grilled Ground Steak Market Price ¼ lb \$9 ½ lb \$13 Grilled Ground Mignon Market Price ¼ lb \$11 ½ lb \$15

A La Carte House Sides

All of our Sides are Gluten Free. \$2 fee for Entree side substitutions *

Garlic Smashed Potatoes \$5 Sautéed Vegetables \$4

Bean of the Day \$4 Side of the Day Market Price

Kettle Cooked Potato Chips \$3