



## ... APPETIZERS ...

- Wildflower's Famous Tomato Pie** Med 5/Lg 7  
Savory Pie Filled with Roma Tomatoes Marinated in Balsamic Vinaigrette. Topped with a Blend of Cheese & Baked to Perfection  
*/ Add Avocado/Bacon/Feta -3*
- Heavenly Garlic Parmesan Cheese Dipping Sauce** Cup 5 or Bowl 9
- Signature Polenta Shrimp Grits** Cup 5 or Bowl 9  
Creamy Polenta Grits, Baby Gulf Shrimp, Blended with Herbs & Spices
- Loaded Polenta Shrimp Grits** Cup 8/ Bowl 12.50  
Creamy Polenta Grits, Baby Gulf Shrimp, Blended with Herbs & Spices  
Topped with Garlic Parmesan Cream Sauce, Mozzarella, Cheddar, Bacon, Green Onion & Parmesan
- House Soup** Cup 4/Bowl 6
- Tortilla Chips & House Salsa** 7
- Extra Dressing or Dip** .75
- Kettle Cooked Potato Chips & Ranch Dressing** 7
- Wildflower Kettle Chip Nachos** 12  
Kettle Chips served with Cream Sauce, Blue Cheese, Topped with Diced Tomato & Green Onion  
*/ Add Avocado -3*
- Wildflower Tortilla Nachos** 12  
-Tortilla Chips Topped with Cream Sauce, Mixed Cheese, Salsa, Diced Tomato & Green Onion  
*/ Add Grilled OR Blackened Chicken -4/ Bacon/Avocado -3/ Ground Steak 8 oz -8 OR 4 oz -5*

## ... FRESH SALADS ...

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### Wildflower Salad Dressings:

House Ranch/ House Blue Cheese/ House Strawberry Balsamic/ House Balsamic/  
Honey Mustard/ Italian/Caesar/Greek Feta Vinaigrette/ Thousand Island/ Oil & Vinegar  
Side Salads Served with 2 oz Dressing, Dinner Salad 4 oz Dressing \*Extra 2 oz Dressing .75

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- Mixed Spring Leaf Salad** Side 4/ Lg 9  
Fresh Organic Mixed Greens, Tomatoes & Shaved Parmesan
- Greek Salad** Sm 8/ Lg 12.50  
Fresh Organic Mixed Greens, Tomatoes, Kalamata, Black Olives, Pepperoncini Peppers & Feta  
Served with Greek Feta Dressing
- Strawberry Balsamic Dinner Salad** 14  
Fresh Organic Mixed Greens, Tomatoes, Feta Cheese, Chopped Pecans, Dried Cranberries, Parmesan & Strawberry Balsamic
- Tomato Pie Salad** 20  
Tomato Pie Served on a Bed of Spinach, Topped with Sautéed Veggies, Feta, Parmesan, Diced Tomatoes, Green Onion & Your Choice of Dressing  
We Suggest House Balsamic OR Strawberry Balsamic
- Roasted Butternut Spinach Salad** 12  
Bed of Fresh Spinach Topped with Roasted Butternut Squash, Blue Cheese, Tomatoes, Shaved Parmesan & Chopped Pecans

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### Add to Any Salad:

Grilled or Blackened Hormone Free Chicken/ Sautéed or Raw Veggies-4/  
Avocado/ Turkey/ Ham/ Bacon -3/ 8oz Salmon -20, 4oz Salmon -12.50  
Pecans and Dried Cranberries -1

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## ... DINNER ENTRÉES ...

Entrées include Organic Mixed Green Salad & Warm Bread,  
1 Gourmet Side with Pasta Entrée / 2 Gourmet Sides with Other Dinner Entrée

- Prime Rib/ Black N Blue Prime Rib** 39/ BNB 44  
Rib Eye Roasted with Fresh Rosemary, Garlic & Cabernet Sauvignon,  
Encrusted with a Blend of Cracked Peppercorns & Spices OR  
Blackened & Topped with Blue Cheese & Garlic Parmesan Cream Sauce  
Both Options Served with Au Jus & Horsey Sauce
- Grilled Filet Mignon/ Black N Blue Filet Mignon** 38/ BNB 43  
8 oz Hand Cut, Hormone Free, Choice Tenderloin, Grilled to Perfection OR  
Blackened & Topped with Blue Cheese and Garlic Parmesan Cream Sauce
- Choice Grilled Hamburger Steak / Black N Blue Hamburger Steak** 22/ BNB 25  
Fresh Ground Filet and Sirloin Topped with Sautéed Onion, Red Bell Pepper and Cream Sauce OR  
Blackened & Topped with Blue Cheese and Garlic Parmesan Cream Sauce  
Topped with Sautéed Onion, Red Bell Pepper and Cream Sauce
- Surf N' Turf** 5  
Add to Any Steak, Grilled or Blackened Shrimp
- Grilled or Blackened Wild Caught Salmon** 30  
Delivered Fresh, Hand Cut 8oz Wild-Caught Salmon from Scotland  
*/ Add Cream Sauce -3*
- Shrimp Scampi** 22  
Angel Hair Pasta Topped w/ Sautéed Gulf Shrimp, Signature Scampi Herb Butter & Shaved Parmesan  
*/ Substitute Zucchini Noodles (Raw Spirals) For Pasta -2*
- Smothered Chicken** 25/ 20  
8oz or 4oz Hormone Free, Grilled Chicken Breast Topped with Sautéed Onion & Bell Pepper,  
Honey Mustard Sauce, Cheddar, & Mozzarella Baked to Perfection  
Served with Mixed Spring Leaf Salad, Garlic Smashed Potatoes & Sautéed Veg
- Loaded Tomato Pie Entrée** 27  
Wildflower's Famous Tomato Pie, Topped with Diced Tomato, Parmesan & Feta on a Bed of Angel  
Hair Pasta Topped with a Garlic Parmesan Cream Sauce  
*/ Add Avocado -3/ Chicken -4*
- Savory Strawberry Balsamic Angel Hair Pasta** 16  
Angel Hair Pasta Served on a Bed of Fresh Baby Spinach  
Topped with Sautéed Vegetables, Strawberry Balsamic Sauce, Feta, Parmesan,  
Crumbled Pecans and Dried Cranberries  
*/ GFO Substitute Zucchini Noodles (Raw Spirals) For Pasta -2/  
Add Grilled Chicken -4 - Salmon 8oz -20 OR 4oz -12.50/Avocado -3*
- Mediterranean Angel Hair Pasta** 16  
Chilled Angel Hair Pasta, Sautéed Veggies, Black Olives, Kalamata Olives, Pepperoncini, Tomatoes,  
with Greek Feta Dressing on a Bed of Spinach  
Topped with Feta and Shaved Parmesan  
*/ GFO Substitute Zucchini Noodles -2 / Add Avocado -3*
- Wildflower Vegetable Dinner** 16  
Three Fresh Side Dishes & Organic Mixed Green Salad  
*/ Substitute 1 Side for Shrimp Grits or Tomato Pie -3/ Add Grilled Chicken -4/  
Salmon 8 oz- -20/ 4oz -12.50*

Consuming Raw or Undercooked Meats, Poultry, Seafood, Shellfish, or Eggs May Increase Your Risk of Foodborne Illness

\$3 Split Plate Fee if the Kitchen Splits the Plates / 20% Gratuity May Be Added to Parties of 7 or More







## ... SIDE DISHES ...

Choose Two Sides With Your Entrée,  
\*All Pasta Dishes Come With One Side\*  
A La Carte Sides -3 Each

### Garlic Smashed Potatoes

Boiled Red Potatoes Blended with Butter,  
Sea Salt, Sour Cream, & Fresh Minced Garlic

### Roasted Butternut Squash

Butternut Squash Roasted  
Served on a Bed Fresh Spinach  
Topped with Chopped Pecans & Crumbled Blue Cheese  
(OR Substitute Blue Cheese for Feta Cheese)

### Sautéed Vegetables

Most often Squash and Zucchini Seasoned  
with Herbs & Spices, Onion, and Red Bell Pepper  
Sautéed in Extra Virgin Olive Oil

### Shrimp Grits Cup

Creamy Polenta Grits, Baby Gulf Shrimp,  
Blended with Herbs & Spices  
May Be Substituted for One Side Dish, Add -3  
/ See Appetizers for A La Carte

### Wildflower's Famous Tomato Pie

Savory Pie Filled with Roma Tomatoes  
Marinated in Balsamic Vinaigrette  
Topped with a Blend of Cheese & Baked to Perfection  
May Be Substituted for One Side Dish, Add -3  
/ See Appetizers for A La Carte

### Chef's Specialty Side of the Evening

Ask Server for Tonight's Specialties

For All Ages!

## ... KID AT HEART ...

For All Ages!

No Age Limits at Wildflower to be a Kid at Heart or Order from the Menu!  
Substitute a Gourmet Side instead of Kettle Cooked Potato Chips -2 Extra

### Grilled Burger

Fresh Ground Grilled Steak 8 oz OR 4 oz Topped with Lettuce, Tomato, Onion &  
Wildflower Burger Sauce (Delicious Blend of Ketchup, Mustard, Mayo & a Dash of Cayenne)  
Served with Kettle Chips & a Kosher Pickle Spear  
/ Add Cheese -1/ Avocado/ Bacon -3

II / 8

### Black N Blue Burger

Blackened Ground Hormone-Free Sirloin & Filet, Lettuce, Tomato, Onion, Blue Cheese Crumbles, &  
Wildflower Burger Sauce & Garlic Parmesan Cream Sauce  
(Delicious Blend of Ketchup, Mustard, Mayo & a Dash of Cayenne)  
Served with Kettle Chips & a Kosher Pickle Spear  
/ Add Cheese -1/ Avocado/ Bacon -3

Sm II / Lg 14

### GF Chicken Fingers

GF Crispy Chicken Breast Strips & Your Choice of 2 oz Dressing  
Served with Kettle Chips & a Kosher Pickle Spear

8

### Grilled Chicken Strips

4 oz OR 8 oz Hormone-Free Grilled Chicken Breast Cut into Strips & Your Choice of 2 oz Dressing.  
Served with Kettle Chips & a Kosher Pickle Spear  
/ .75 per Extra Dressing

7 Small/ 10 Large

### Grilled Cheese

Stacked with Cheddar Cheese & Grilled to Perfection

7

### Angel Hair with Garlic Parmesan Cream Sauce

Kid's Portion of Angel Hair Pasta, Topped with Cream Sauce, & Shaved Parmesan  
/ Substitute Zucchini Noodles (Raw Spirals) For Pasta -2/ Add Grilled Chicken/ Sautéed or Raw Veggies -4 / Bacon/Avocado -3

12

### Herbed Butter Pasta

Kid's Portion of Angel Hair Pasta Topped with Garlic & Herb Butter Sauce & Shaved Parmesan Cheese  
/ Substitute Zucchini Noodles (Raw Spirals) For Pasta -2/ Add Sautéed or Raw Veggies -4/ Avocado -3 / Feta -3

7

### Wildflower Tortilla Nachos

Tortilla Chips Topped with Cream Sauce, Mixed Cheese, Salsa, Diced Tomato & Green Onion  
/ Add Grilled Chicken -4 / 8 oz Hamburger Steak -8 OR 4 oz -4/ Bacon/Avocado -3

12

### Gourmet Cheese Pizza

12" Pizza (8 Slices) Topped with House Marinara & a Blend of Shredded Cheddar and Mozzarella  
Substitute Garlic Parmesan Cream Sauce for Marinara -3  
/ Toppings: Turkey/ Ham/ Chicken -4 Each/ Extra Cheese/ Avocado/ Bacon/ Feta/ Pineapple/Pepperoni -3 Each Garlic/ Onion/  
Mushroom/ Red Bell Pepper/ Black Olives/ Tomato / Spinach/ Marinara Sauce -1 Each

10 GFO







## ... HOMEMADE DESSERTS ...

<b>Triple Layer Carrot Cake</b>	7
Homemade Carrot Cake with Wildflower's Homemade Cream Cheese Icing and Pecans	
<b>Hummingbird Cake</b>	6
Moist Banana Pineapple Cake with Wildflower's Homemade Cream Cheese Icing and Pecans	
<b>Peanut Butter Pie *Moon's Favorite*</b>	7
Chilled Peanut Butter Pie with a Delicious Gluten-Free Shortbread Crust Topped with Chocolate Sauce & Whipped Cream	
<b>Wildflower Crepes</b>	2 for 5 / 1 for 3
Hand-Prepared Thin Crepes Rolled & Filled with Sweet Cream Cheese Topped with House Fresh Strawberry Purée and/or Chocolate Sauce and Whipped Cream	
<b>Old Fashioned Chess Pie</b>	4
Our Traditional Southern Custard Pie with a Hint of Real Vanilla	
<b>Derby Pie</b>	5
Warm Homemade Pecan Pie with Chocolate Morsels Drizzled with Chocolate Sauce	
<b>Wildflower Ice Cream Sundae</b>	5
Ice Cream with Fresh Strawberry Sauce &/or Chocolate Sauce, Pecans & Whipped Cream	
<b>Ice Cream Scoop</b>	3
A Small Cup of Vanilla Ice Cream with or without Chocolate Sauce or Strawberry Sauce	
<b>*Add a Scoop of Ice Cream to any Dessert*</b>	2
<b>Good Stuff Chocolate</b>	6.50
A Delicious Healthy Organic Dark Chocolate, Organic Raw Cacao, Raw Honey, Himalayan Sea Salt Gluten Free & Vegan *Note Contains Honey*	

## ... BEVERAGES ...

<b>Premium Organic Arabica Coffee</b>	2.50
<b>Iced Tea (Sweet or Unsweetened)</b>	2
<b>Strawberry Lemonade/ Strawberry Iced Tea</b>	3.50
Made with Real Strawberry Purée *Up to 3 Refills Free*	
<b>Arnold Palmer</b>	2.75
Half Tea/Half Lemonade	
<b>Soft Drinks</b>	2.50
Coke, Diet Coke, Sprite, Dr.Pepper, Root Beer, Lemonade	
<b>Milk</b>	3
/ Per Glass	
<b>Apple Juice or Orange Juice</b>	2.50
Per Glass	
<b>Hot Chocolate</b>	3.50
Optional Whipped Cream Topping with Chocolate Sauce	
/ Per Cup	
<b>Hot Tea</b>	2.50
/ Per Bag	
<b>Ice Bucket</b>	3
<b>To-go cups</b>	.50 each

