

*If you have food allergies or are vegan or gluten free we are happy to accommodate.*

**Tortilla Chips & House Salsa** \$6

**Loaded Nachos** \$14 *Tortilla Chips topped with house cream sauce, shredded cheese, black olives, black beans, diced tomato, diced green onion & house salsa*

**Wildflower's Mountain Style Loaded Shrimp Grits** *Bowl* \$12.50

*Fine Diced Baby Gulf Shrimp Sauteed in butter with a blend of fresh minced garlic, diced onion and house seasonings then blended with the Creamy Polenta Grits. Topped with House Garlic Parmesan Cream Sauce, Shredded Cheese, Crumbled Bacon and Diced Green Onion.*

**Add Grilled Conecuh, AL Sausage** \$6 **Grilled Chicken** 4oz \$4 8oz \$8

**Brunch Sampler** \$16 *Sampler comes with Half piece of Quiche or Chicken Salad Scoop*

*Also Includes Tomato Pie, (1) Crepe and Fresh Fruit*

**Choose 1: Spinach Parmesan Quiche or Ham & Cheddar Quiche or Chicken Salad Scoop**

**Fresh Salmon Wrap** \$15 *Wild Caught Salmon & House Mango Slaw wrapped in a Toasted Flour Tortilla.*

*Comes with Kettle Cooked Potato Chips*

**House Salmon Cake Burger** \$15 *House Garlic SriRacha Aioli, Wild Caught Salmon House Made into a*

*tasty Savory Patty Served with Lettuce, Tomato, Onion on Toasted Kaiser Bun or Toasted Sourdough or Wheat Berry*

*Bread Comes with Kettle Cooked Potato Chips*

**Super Sesame Kale Portobello Wrap** \$14 *Grilled Local Portobello, Organic Local Sesame Kale,*

*Housemade White Bean Hummus, Diced Kalamata Olives and Garlic Sriracha Aioli Wrapped in a toasted Toasted Flour Tortilla Comes with Kettle Cooked Chips - Substitute Sauteed Vegetables for \$2*

**Mountain Mex Wrap** \$12 *Black Beans, House Salsa, Lettuce, Tomato, Onion & Mixed Cheese Wrapped in a*

*Toasted Flour Tortilla. Comes with Tortilla Chips & 2oz portion cup of Salsa. **See Delicious Additions Below***

**Seaside Gulf Shrimp Special** \$24 *Served with Grilled Marinated Gulf Shrimp Skewer, House Polenta*

*Shrimp Grits & House Slaw & Black Beans, Comes with an Organic Mixed Green Side Salad & Yeast Roll.*

*Side Garlic Sriracha Aioli available - Substitute 8oz Grilled Chicken for no extra charge .*

**Vegetable Lunch Special** \$14 *Grilled BBQ Portobello, Black Beans, Wild Rice & Sauteed Vegetables*

**Delicious Additions:** *Organic Mixed Green Side Salad \$4 - Grilled Local Portobello \$4*

*Grilled or Blackened Chicken Breast 4 oz \$4 8oz \$8 Wild Caught Salmon 4oz \$13 8oz \$24*

**Soup & Special Sides of the Day:** *Soup of the Day \$6 - Ask your Wildflower Server*

*Sides of the Day: \$5 Local Marinated Sesame Kale \$5 Mango Slaw \$4*

*Bean of the Day: Black Beans \$4 Sauteed Vegetables \$4 - Kettle Cooked Potato Chips \$3*